



# I AM OPTIMAL

MEMBER SPOTLIGHT

## MARCH MEMBER OF THE MONTH FANFAN WAINER

### GLOBAL SALES

For 10+ years Fanfan says the OYFF has contributed to her mental and physical health in so many positive ways! Describing Fanfan's energy and dedication in one word is easy - Rockstar. She is consistent. She is relentless. She is forever challenging herself in many areas of wellness but where she hits it hardest is on the treadmill and in our group exercise studio. *Fanfan is a OYFF ROCKSTAR!*

#### FAVORITES:

**Food:** Anything tasty!

**OYFF Activity/Program/Service (past or present):** Strength Training Class

**Quote:** Hope for the best, plan for the worst

*Enjoy your reserved gym locker for the month, a supplement gift bag & a coupon to the Amway Store!*

*Congrats  
Fanfan!*