



OPEN PLAY PICKLEBALL

STARTING APRIL 9, 2024

TUESDAYS & THURSDAYS 4:00PM - 6:00PM
No Sign-ups or Registration... Just show up!

Open play is a social time for players of all skill levels to come together and play. No court reservation needed, just show up with a partner or by yourself and mix in with other players! All players must be employees and have an active membership to the Optimal You Fitness Facility.

Open Play Format:

- Standard doubles pickleball games and rules apply.
- 2 on, 2 off: winning team stays on the court if there are people waiting.
- Winning team must sit out after 3 games in a row if others are waiting in line for the court.
- Use the paddle racks to get in line for a court.

Court Skill Levels:

During open play the three courts are divided up into skill levels to create fun, competitive games. Each court is assigned an approximate skill level:

Court 1: Beginner



Court 2: Intermediate



Court 3: Advanced





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FAQ:

Do I have to be a Member of the Optimal You Fitness Facility?

Yes, you must have an active membership.

Can family members play?

Currently the Pickle Plex is for employees only.

Can I play on a court if I am not that skill level?

Court skill levels are recommendations intended to make games competitive and fun. You may play on other courts to keep games moving and switch up matchups. Please be courteous and aware of other player's skill levels during open play.

Can I play a singles game during open play rather than doubles?

Open play is intended for doubles games to best utilize our court space. Singles games can be played if there is an open court with no one waiting.

Do open play rules apply outside of the open play time blocks?

No, outside of the open play blocks the courts are first come, first serve or can be reserved through the Outlook calendar.

Can I get in line for a court by myself?

Yes! You can rotate in the next game even if you don't have a partner.