

## **OPTIMAL YOU FITNESS FACILITY**

## **Personal Training Registration form**

**Site Location** 

MI

CA

Personal training sessions can be scheduled by contacting the Fitness Facility staff at 787-7710 or fitness\_facility@amway.com.

Sessions can be scheduled in 30-minute or 60-minute time frames to accommodate your busy life. Personal training can be purchased as an individual or in packages.

## PLEASE INDICATE SESSION CHOICE:

60-minute Personal Train	ning Options ONE ON ONE	PARTNER (2-3) (Price Per Person)	TEAM (4-5) (Price Per Person)	If Partner or Team Indicate Names
1 Session Package 8 Session Package	\$70.00 \$520.00	\$60.00 \$440.00	\$50.00 \$360.00	1.
12 Session Package	\$720.00	\$600.00	\$480.00	2.
30-minute Personal Train	ning Options			3.
ON-SITE OR VIRTUAL:  1 Session Package	ONE ON ONE \$40.00			4.
8 Session Package	\$280.00			5.
12 Session Package	\$360.00			6

## ALL SESSIONS MUST BE USED WITHIN ONE YEAR OF PURCHASE

NAME							
HOME PHONE NUME	BER	MOBILE PHONE NUMBER	WORK PHONE NUMBER				
E-MAIL							
FITNESS SPECIALIST							
DATE (MM/DD/YYYY)							
METHOD OF PAYMENT							
CASH							
	CHECK (MAKE CHECKS PAYABLE TO: CORPORATE FITNESS SYSTEMS) CREDIT CARD (ALL CARD TRANSACTIONS ARE SUBJECT TO A 3% TRANSACTION FEE)						
	TO PAY BY CREDIT CARD, PLEASE SCAN QR CODE OR VISIT TO PROCESS PAYMENT: https://www.mccahillgroup.com/optimalyouservices						

Please return the completed form to the Optimal You Fitness Facility, 14-1N or Submit via E-mail to fitness\_facility@amway.com.