



OPTIMAL YOU FITNESS FACILITY

Personal Training Registration form

Site Location
MI CA

Personal training sessions can be scheduled by contacting the Fitness Facility staff at 787-7710 or fitness_facility@amway.com.

Sessions can be scheduled in 30-minute or 60-minute time frames to accommodate your busy life. Personal training can be purchased as an individual or in packages.

PLEASE INDICATE SESSION CHOICE:

60-minute Personal Training Options

ON-SITE OR VIRTUAL: ONE ON ONE

1 Session Package	\$70.00
8 Session Package	\$520.00
12 Session Package	\$720.00

PARTNER (2-3) (Price Per Person)

\$60.00
\$440.00
\$600.00

TEAM (4-5) (Price Per Person)

\$50.00
\$360.00
\$480.00

If Partner or Team Indicate Names


- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

30-minute Personal Training Options

ON-SITE OR VIRTUAL: ONE ON ONE

1 Session Package	\$40.00
8 Session Package	\$280.00
12 Session Package	\$360.00

ALL SESSIONS MUST BE USED WITHIN ONE YEAR OF PURCHASE

NAME		
HOME PHONE NUMBER	MOBILE PHONE NUMBER	WORK PHONE NUMBER
E-MAIL		
FITNESS SPECIALIST		
DATE (MM/DD/YYYY)		
METHOD OF PAYMENT CASH CHECK (MAKE CHECKS PAYABLE TO: CORPORATE SYSTEMS) CREDIT CARD (ALL CARD TRANSACTIONS ARE SUBJECT TO A 3% TRANSACTION FEE)		
	TO PAY BY CREDIT CARD, PLEASE SCAN QR CODE OR VISIT TO PROCESS PAYMENT: https://www.mccahillgroup.com/optimalyouservices	

Please return the completed form to the Optimal You Fitness Facility, 14-1N or Submit via E-mail to fitness_facility@amway.com.